

Opening Minds through Art
Support Group Pilot Program



Alzheimer Society
CALGARY **30+**
years

COMMUNITY CONNECTIONS

Alzheimer Society of Calgary
REPORT TO THE COMMUNITY
Fiscal 2016 April 1, 2015 to March 31, 2016

CONNECTING

When we experience the connection and strength of community, we thrive. Together.

People with dementia live with dignity and feel validated. Caregivers feel supported and gain confidence in their abilities to provide person-centered care. The community becomes cohesive and resilient, uniting together to create collective strength around a common goal.

At the Alzheimer Society of Calgary, we are surrounded by strength and are constantly inspired by it. The strength of the families we serve. The strength of the commitment of our donors and volunteers. The strength of our community partners pulling together to care for those impacted.

Your support is key. Our people in the Calgary community are aging and becoming increasingly affected by these diseases. And more families are experiencing the grief and losses that are part of the dementia journey. Increased call volumes of nearly 30 per cent, attendance at workshops and family meetings are just a few indicators of the stark reality we face together.

Because of you, the Alzheimer Society of Calgary is connecting with stakeholders across the dementia continuum to build the capacity of the community as a whole and enable people to live well with dementia. As a knowledgeable and credible voice, we convene stakeholders to identify, explore and address gaps.

We continue to move forward with the progressive efforts of the Dementia Network of Calgary and Area and our lead role as the backbone organization. As a convener, the

Alzheimer Society of Calgary seeks to address the challenges faced by those affected and create essential changes to make the path more manageable.

As a trusted ally, the ongoing provision of high-quality education, care and support across the dementia continuum serves to achieve desired outcomes. The flourishing Opening Minds through Art (OMA) evidence-based art therapy program has continued to be an example of our role as a trusted ally and connector. We continue to expand OMA in the community and will introduce additional artistic mediums to dementia-specific programming in the near future.

We invite you to read on about the ways you've created life change through the Alzheimer Society of Calgary.

Thank you for everything you do for local people impacted by dementia.

Cary Mamer President, Board of Directors
Barb Ferguson Executive Director

The full version of this report, along with our donor and volunteer recognition, can be found online at alzheimercalgary.ca

"WE BECOME HUMAN ONLY IN THE COMPANY OF OTHER HUMAN BEINGS."






Paul Rogat Loeb

CONNECTING THE DOTS

Your outcomes through programs and services




Education for the community

Information can be transformative to a family impacted by dementia. Understanding the disease, learning how to communicate effectively, managing changing behaviours and having access to the right support and resources can make all the difference in a family's ability to cope.

- 93% of participants **increased their knowledge** and understanding of dementia through public education 
- 89% of family education participants **reported a decreased sense of isolation** 
- 90% of family education participants reported they **were better able to care** for their family member with dementia 
- 760 people **accessed online training** through the Alzheimer Calgary web site to learn about dementia and find strategies to cope 
- Almost 950 people **attended public information events**, including **Talking about Dementia** and **Understanding Dementia & Brain Health** 

Support for the community

No one wants to have to make that first phone call. Getting through to a friendly, supportive, knowledgeable voice at the other end can make a huge difference to the person calling. Each year we receive numerous calls from local people facing grief, anxiety, loss and confusion. We also facilitate support groups in all four quadrants of the city.

- 90% of support group participants reported that they had **increased their support network** 
- 75% of participants in Alzheimer Society of Calgary programs reported **increased knowledge of community resources** 
- Over 1700 **support calls were received** from Calgary families seeking a compassionate ear 

Education for dementia care workers

Professionals with evidence-based training can be more successful when caring for people living with dementia. With practical dementia care strategies and tools, professional workers can provide high quality person-centered care by putting the best interests of the person first.

99% of **professional caregivers** learned new skills for communicating with people with dementia

800 professional health care providers were trained in **person-centered dementia care strategies**



Adult Day Program (Club 36)

Club 36 offers meaningful social and recreational activities for people with dementia and a much-needed rest for caregivers.

82% of Club 36 families feel that **attendance makes a difference** in the life of the Club **MEMBER**

91% of Club 36 families feel that **attendance at Club 36 helps significantly** in their life as a **CAREGIVER... to our community partners**



We are grateful for the opportunity to work alongside organizations and individuals, collaborating and strengthening the capacity of the community to create a lasting impact on families.

30% increase

The Alzheimer Society of Calgary experienced a nearly 30% increase over the past year **in total support connections** made with families impacted by dementia.

VOLUNTEERS

Special thanks to the dedicated individuals who commit their time and talents to the Alzheimer Society of Calgary in support of local families affected by dementia.

Huma Ahmad Kelly Albert Norma Albert Laura Alwast Janet Arnold Lucy Assen Harry Assen Cathy Attenhofer Mahrukh Azam Jackson Bagley Janice Bakal Nadja Bejtovic Erika Bekker Darcy Bell soraiya boland Kim Burroughs Linda Butchart Derek Canete Krista Carter Jieun Cha Ron Chow Karen Chow Erica Chow Shelley Christiansen Christine Cook Paula Cook Abby Cook Pattie Copithorne Nicole Corner Carol Cotton Carol Dann Dave Dearborn Jody DeSante Tenzin Dolkar Jacqueline Drew Paul Dwyer Mike Dyer Alicia Enns Kathleen Everest Jaime Fiolka Sandy Fisher Sam Fishman Felicia Ford Dianne Fournier Penny Fox Chelsea Fox Roy Goddard Minerva Gomez Hilary Gordon Darlene Gordon Jason Gorgas Jenna Gorgas Jennifer Grey Loni Griffiths Laurie Hammill Gaylene Hennan Samantha Hibbert Faye Hleucka Wayne Hleucka David Hogan Elizabeth Holt Handlovsky Matt Hooper Jennifer Hooper natasha hryniw Shelley Innes Colin Innes Zahinoor Ismail Doug James Rodney Jenkins Dana Jenkins Christy Jo Emma Johnson Steve Johnson Janet Kaytor Tony Kaytor Muriel Keeling Renee Kerby Sarah Kerby Stewart Kerby Rizwan Khan Claude LaTulippe Sarah Lebedoff Michelle Lemire Christine Lewington Ann Lidgren Richard Ligad Brent Lines Tyler Lines Susan Little Yali Liu Selena Liu Brad Lohman Joanna Low Matt Lukowich Vy Luong Sarah Lynch Christie Maala Debbie MacDonald Shona MacDonald Lorne Mackenzie Ethan Mackenzie Evan Mackenzie Peter Maher Cary Mamer krishna Mande Claudia Mansell Monica Mathews Diane McClair Joyce McGirr Judy McIvor Linda McKelvey Deb McKerlie Adila Mehdiyeva Camille Minvielle Steve Morris Darlene Morris Vinh Nguyen Lee Northup Jason Oakey Lyre Orcajada Darren Paetz Linda Poth Shany Poulin Christa & Paul Primas Nicole Proseilo Jennifer Proudfoot David Puchalski Aiwen Qian Carla Ramirez-Aragon Marion Rasmussen Merna Rasmussen Bill Ring Peter Roche Margarita Roche Gwen Roebuck Mehri Rostami Kim Royal Sam Salloum Renee Salloum Manjeet Sangha Manal Sheikh Sherry Shipley Emma Shipley Jim Shipley Jennifer Shukuda Robson Shukuda Grace Shukuda Lucy Shukuda John Shyluk Florence Smith Julie Smith Eric Smith Declan Smits Rylan Smits Elise Sommer Brenda Stephenson Lihong Sun Thomas Sun Nick Swain Ryan Szarko Rashmi Tamhane Barrie Thesen Doreen Thesen Norman Thomas David Thompson Evelyn Thompson Jaime Thompson Nancy Toso Bill Toso George Toumishey Sorayda Villanueva (& family) Sue Vogel Karen Walker Lois Wallace Tegan Walley Sirirak Wanna Tim Warman Allison Warman Walter Waugh Sydney Willis Harry Willis Sandee Wilson Chelsea Wong Colette Wood Ava Zardynezhad Donna Zarowny

DONORS

It's because of you that critical support, education and care are available to impacted families. Your involvement is essential, creating important life changes and building solid foundations from which persons affected can move forward.

Space limitations restrict the following acknowledgement to gifts totaling \$500 or more between April 1, 2015 and March 31, 2016.

Aberle, R. Dennis ABM College Inc. Alberta Business Educational Services Aldred, Sally Allison-Billings, Laura Lee Anderson, John Anderson, Dustin Andrew, R. William Andrusyshyn, Wendy Ashburner, Roderick Assen, Henry & Janet Associated Canadian Travellers - Calgary Club ATCO Energy Solutions ATCO Gas EPIC ATCO Group Corporate Head Office EPIC ATCO Power Auburn Heights Retirement Residence Austrian-Canadian Society Baptie, Lois Baran, Ray Battistella, Paul Bearspaw School Bernard, Rick Bill & Jean Toole Family Fund at The Calgary Foundation Bishop O'Byrne Housing for Seniors Association BMO Nesbitt Burns Bowman, Ken Brawn, Robert Brereton, Keith Brookfield Property Partners Cain, Laura Calgary Juventus Sports Club Calgary Kotobuki Society Calgary West Central PCN Campbell, Alex & Wendy Carter, Val & Graham Casey, Michael Cenovus Employee Foundation Cenovus Energy Inc. Centric Health Corporation Charles and Grace Thomson Fund at The Calgary Foundation Chartwell Retirement Residences - Fountains of Mission Chateau Renoir Clark, Douglas Colborne, Paul Comm, Dalyce Community Links Comrie, Laurie Couling, W.E. Cremona & District Community Chest Crescent Lodge #81 Cripps, Robert Cupalka, Rosalee Dalby, Elsie Dart, Dave Delta Calgary South Dibb, Gordon Dietrich, Janet Donald and Linda Murray Charitable Foundation Dreveny, Roderick & Betty Dundas, Gary Eau Claire Retirement Residence Echo Properties Inc. Ellefson, Jack EnCana Cares Foundation Enerplus Corporation Engineered Air - Resman Community Services Estate of Allan David Sack Estate of Arthur Gordon Stanway Estate of Barbara Daphne Durno Estate of George Chernoff Estate of Hazel Josephine Melhuish Estate of Irene Lucellia Hein Extendicare Cedars Villa Nursing Home Ferguson, Robert & Barbara Fluor United Way Campaign Foran, Michael Foster, Gary Fuenning, Robert Gall, Trent Geddes, Dean Gibbs Gage Architects Gilchrist, Robert & Wheeler-Gilchrist, Deborah GKD Industries Ltd. Gleichen - Cluny United Fund Gonci, Darcy Gorrie, Jean Gray, Wayne & Cathy Green Drop Ltd. Guest, Charles Guns N Hoses Roofing Hackett, Sharon Hagon, Margret Haliburton, James Hamula, Mary-Jane Hansen, Charlie Harold and Betty Allsopp Fund at The Calgary Foundation Harper, Dufferin Haynes, Florence Hays, Daniel Hill, Ian Hillhurst Rebekah Lodge #116 Hindle, Ralph Hodgson, Chris Holman, John Holt, Charles Hursh, Larry & Carolyn Intercare Corporate Group Inc. Investors Group Financial Services Inc. Isford, Judy Jack Carter Family Fund at The Calgary Foundation James & Elsie Mathieson Fund at The Calgary Foundation Jennings, Ryan

"THANK YOU TO ALL ANONYMOUS DONORS FOR YOUR KINDNESS AND GENEROSITY."

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CONNECTING OUR PEOPLE

THANK YOU

... to our community partners

We are grateful for the opportunity to work alongside organizations and individuals, collaborating and strengthening the capacity of the community to create a lasting impact on families.

Structured Abstraction
Strides Running Store
Calgary West Central PCN



... to our funders

Thanks to the ongoing commitment of our funding partners for ensuring people affected by dementia can live life well.

- United Way of Calgary and Area for continuing to be a partner, enabling us to deliver family support and offering learning sessions for caregivers.
- Alberta Health Services for providing support for the Adult Day Program known as "Club 36."

Jeanne Bentley Award

Each year, the Alzheimer Society of Calgary recognizes remarkable people for their exceptional passion and community spirit in the name of Jeanne Bentley, our founder, legacy maker and tireless volunteer.

This year's award recipients are Julie Burns and Christine Foran.

FINANCIALS

Fiscal 2016 marked another very successful year for the Alzheimer Society of Calgary as we realized an operating surplus of just over \$73,000. This is a result of the generosity of our donors, some extraordinary gifts through bequests and a reduction in expenses achieved through operating efficiencies. Revenues increased by 3.5% from the previous year and we were able to reduce expenses by 1.8%.

As a fiscally responsible organization, we remain committed to securing our long-term financial viability so we can continue to meet the ever-increasing demand for service. This is achieved through a diverse revenue base and the careful management and investment of our surplus cash (at \$2.2 million). Income from our investments is put back into programs that benefit people impacted by dementia.

A snapshot of our financial year is included here. **Please visit alzheimercalgary.ca for audited financial statements or call 403.290.0110.**

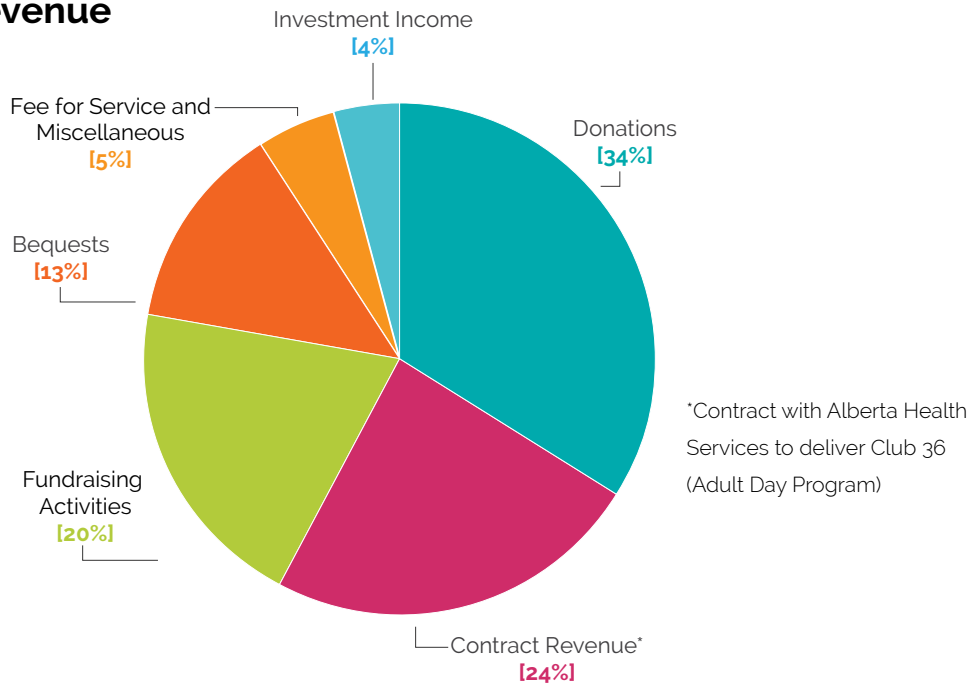
Thank you to our donors and funders for your continued commitment during a very challenging economic time.

Lee Northup, Treasurer

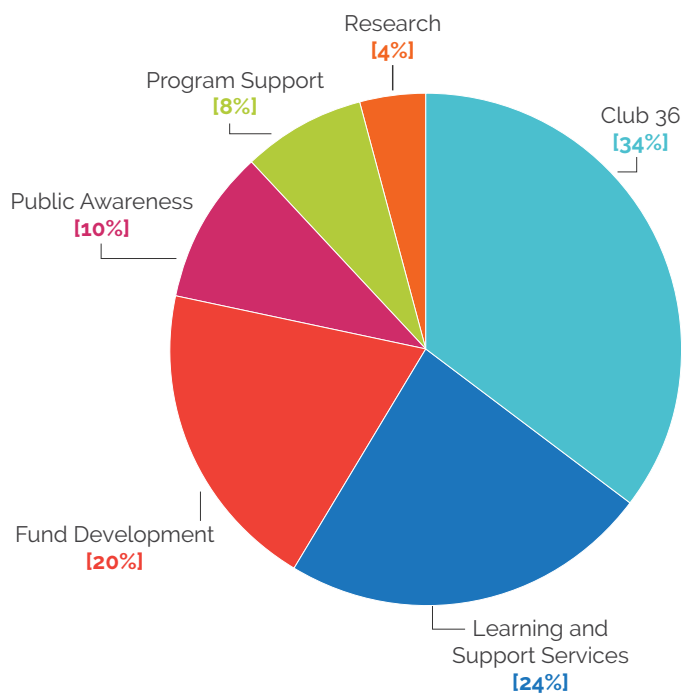
Statement of Operations

	2016	2015	% Change
Total Revenues	\$2,200,692	\$2,125,865	3.5%
Total Expenses	\$2,037,691	\$2,075,624	(1.8%)
Revenue over Expenses	\$163,001	\$50,241	
Unrealized gain (loss) on investments	(\$89,478)	(\$12,671)	
Excess (deficiency) of revenue over expenses	\$73,523	\$37,570	

Revenue



Expenses



Board of Directors

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Murray Brown Secretary

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Cary Mamer President

Lee Northup Treasurer

Lois Wozney

Allan Yellin

Staff

Barb Ferguson Executive Director

For a complete listing, please visit
alzheimercalgary.ca

Mission

To enable local people impacted by dementia to live life well and build the capacity of the community to support and care for them.

Vision

Our vision is a future that will see:

- Enhanced quality of life for local persons with dementia, their families and caregivers
- Increased capacity of the community to support and care for persons impacted
- Access to evidence-based best practices in dementia care from disease onset through end of life
- Greater respect, support, identification and intervention for persons with dementia and their caregivers



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Charitable Registration Number: 13072 5740 RR0001

www.alzheimercalgary.ca

