

COMMUNITY NEWSLETTER FALL 2019

2019 IG Wealth Management Alzheimer Walk and Run....

October in Calgary can only mean one thing. Coming together for the IG Wealth Management Alzheimer Walk and Run!

On Thanksgiving Sunday, 1,500 community members gathered at the walk's new location – the Calgary Chinese Cultural Centre – for the 2019 event, to show support for local families impacted by dementia.

Raising more than \$275,000, Calgarians walked the walk and talked the talk when it came time to support their neighbours. Funds raised are redirected back into the community so that impacted families can access the education, support and care they need.

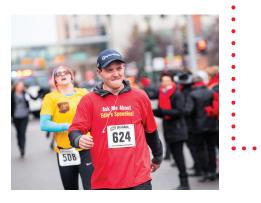
With a few exciting changes to this year's event, the energy was high and spirits were even higher.

Moving the event to the Calgary Chinese Cultural Centre proved a success, with space to enjoy live music and a large indoor area for pre-walk activities.

Another popular change to the event was the addition of the one-kilometre walk route, sponsored by the Freckleton family, which made the event accessible to a greater number of people this year.

We are extremely grateful to all of our participants, volunteers, sponsors and partners who made the event a success. Thank you!

Next year our event turns 30! Be sure to stay tuned to our website and our upcoming newsletters for exciting news and announcements about this and other upcoming events.





ALZHEIMER WALK& RUN

THANKSGIVING SUNDAY











HOPE IS A SUPER POWER

Art show demonstrates the abilities of local people with dementia

On a sunny evening in April, the Alzheimer Society of Calgary hosted an intimate art show at cSPACE Kind Edward, showcasing art created by local people living with dementia who attend Club 36, our Adult Day Program.

Attendees learned about the different art techniques used at Club 36, including styles inspired by famous artists as well as art created through the Opening Minds Through Art (OMA)* process.

Guests were also given an opportunity to purchase art for their home. Proceeds from the sale of the art pieces were directed back into creative programming at Club 36.

If you're interested in purchasing scarves or pocket squares, please reach out to

*OMA is an evidence-based, intergenerational art program for people living with dementia.

the Alzheimer Society of Calgary. All of the scarves and pocket squares feature OMA art from our Club 36 members and they would make a great holiday gift for that special someone.

You can secure yours by calling 403-290-0110 or by emailing info@alzheimercalgary.ca













Dementia Re-imagined: Continuing the Conversation

In July, Dementia Network Calgary hosted Dementia Re-imagined: Continuing the Conversation at Mount Royal University.

Building on momentum from the successful 2018 symposium, 200 people gathered to hear international experts Dr Allen Power and Daniella Greenwood discuss developments in dementia care from around the world. Power and Greenwood share the belief that there is a clear need for a shift towards a relational approach to care, ensuring every person with dementia receives quality, person-centered care at all stages of their condition. The event, sponsored by United Active Living and Gordie Howe C.A.R.E.S., culminated with a sense of hope and optimism for the future of dementia care.

In true Calgary fashion, Power and Greenwood were presented with their very own white hats to mark the celebration.



Awareness Events in Fall

It was a busy few months at the Alzheimer Society of Calgary. Although the IG Wealth Management Alzheimer Walk and Run took the spotlight, there were other exciting events happening throughout the community.

World Alzheimer Day was on September 21 and in an effort to raise awareness and recognize the day, Alzheimer Society of Calgary collaborated with Dementia Network Calgary to present Western Canada's first screening of the film 'Cracked: New Light on Dementia' at the Glenbow Museum.

The film, which is based on a play, provides a unique portrayal of life after diagnosis and the family dynamics that can occur. Following the screening, researchers who collaborated on



the play - Dr Pia Kontos from the University of Toronto and Dr Sherry Dupuis from the University of Waterloo – led a lively question and answer session with audience members.

More information about the film can be found at

www.crackedondementia.ca •



In October, the Alzheimer Society of Calgary hosted a special Talking About Dementia with Dr Tia Powell – internationally renowned physician and leading dementia expert from New York.....

In a fireside chat-style presentation

with host Christina Frangou, Dr Powell discussed her book – 'Dementia Reimagined: Building a Life of Joy and Dignity from Beginning to End'. In her book, Dr Powell examines the need to shift the conversation away from cure and toward quality of care for people living with dementia.

For information on upcoming events, visit the Alzheimer Society of Calgary's website, **www.alzheimercalgary.ca** or call our office at 403-290-0110.



Reimagined

Building a Life of Joy and Dignity from Beginning to End

Tia Powell, MD Director of the

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Jeanne Bentley Award 2019

Every year, the Alzheimer Society of Calgary honours a member of our community who has shown dedication to the cause and to our community. The Jeanne Bentley award is presented to the individual at our Annual General Meeting which takes place every September.

This year, the Alzheimer Society of Calgary was proud to present the award to a man with one of the most recognizable voices in our city, Peter Maher. Peter was known as the 'Voice of the Flames' for over 30 years due to his longstanding career as a hockey broadcaster. Broadcasting every game from 1980-2013, Peter's Calgary roots are strong.

In 2006, while celebrating his 25th year of broadcasting with the Calgary Flames, the organization made a donation to the charity of his choosing. Fortunately, he chose the Alzheimer Society of Calgary. Ever since, Peter has been an ambassador for the Alzheimer Society of Calgary, lending his time and talents to numerous projects and events over the years. He has also served as Hounourary Chairman of the annual IG Wealth Management Alzheimer Walk and Run since 2006. Over the years he has been instrumental to the event, gathering auction prizes, emceeing, and even bringing his own family out to participate.

The Alzheimer Society of Calgary is so grateful to Peter for his many contributions over the years, and the Society is proud to be able to call

• him a friend.



Jeff took it upon himself to raise funds in a unique way



The Alzheimer Society of Calgary is proud to have served our community for almost four decades, but we wouldn't be successful without the support of local individuals like Jeff Shikaze.

Jeff is a perfect example of a community member who wants to make a difference for those impacted by dementia. Using his passion for running and leveraging his large following in the community, he decided to host a unique fundraiser for the Alzheimer Society of Calgary.

With the Calgary Scotiabank Marathon on the horizon, Shikaze decided to sell custom running socks to raise money for the Society. Collaborating with a local ice cream parlour, Shikaze sold all



of his socks before the marathon and raised over \$1,000. Jeff continues to be involved with the Alzheimer Society of Calgary as a volunteer and fundraiser.

If you have any fun fundraising ideas, please reach out. Call 403-290-0110 or email **info@alzheimercalgary.ca**

Thank You to our Community Partners

We have the pleasure of working with incredible organizations that help to strengthen the community and create lasting impact for local families.

PARTNERS



Thank You &

In Honor/Memory of

IN HONOR OF Janice Cirankewitch Jim Deighton Claudia Emes Grace L. Gallipoli Betty Humble Patricia Jaeger Gordon and Marilee Jasper Steve McNeil Heidi Naud Peter and Eleanor Bert Pearson Mike Senyk Sonya Sherwood Peter Spackman Jewel Swanson Mr. Trent

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I'd Like to Help! Your support ensures the Alzheimer Society of Calgary continues to provide quality support services, learning opportunities, Adult Day Programs, awareness and more for the local community.

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Please send me more info	ormation about: 🛛 M	onthly Giving 🛛 Planning Giving/Be	quests	

The Alzheimer Society of Calgary respects your privacy and does not rent or sell our donor information. In the 2019/2020 fiscal year, the Alzheimer Society of Calgary is planning to raise \$1,109,470 through fundraising activities, with 15% in direct costs. If you have any questions, please contact Donor Services at 403-290-0110 or info@alzheimercalgary.ca. Charitable Registration Number: 13072 5740 RR0001