

Impact of COVID-19 on Family Caregivers of People Living with Dementia

Calgary Pilot Study

June-September, 2020

Survey Responses

230

Person with dementia resides

Home 50.2%
Assisted living 17.5%
Long-term care 32.3%

Family caregiver relationship

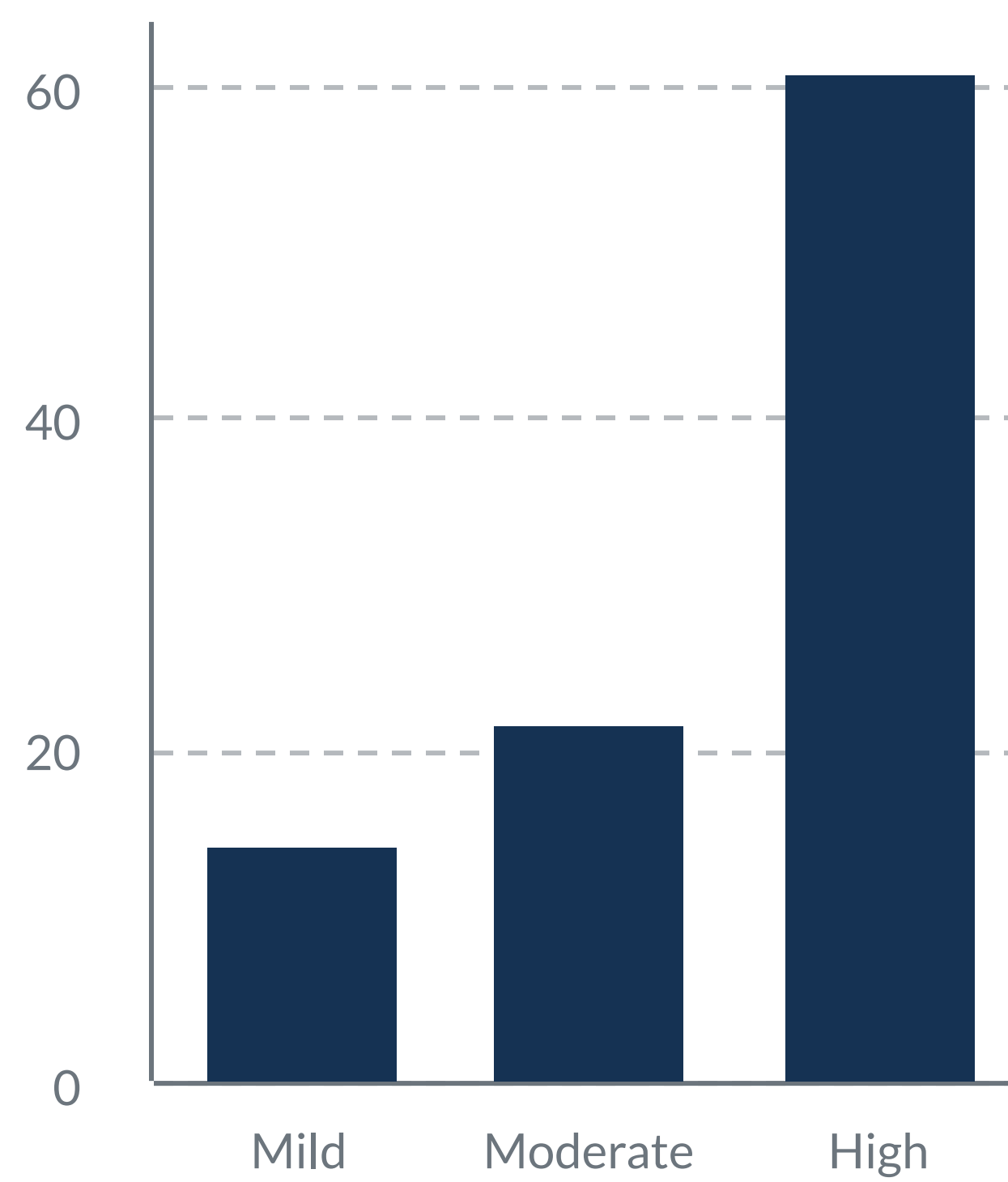
Spouse 46.1%
Child/child-in-law 40.6%
Friend/relative 13.4%

Family caregiver gender

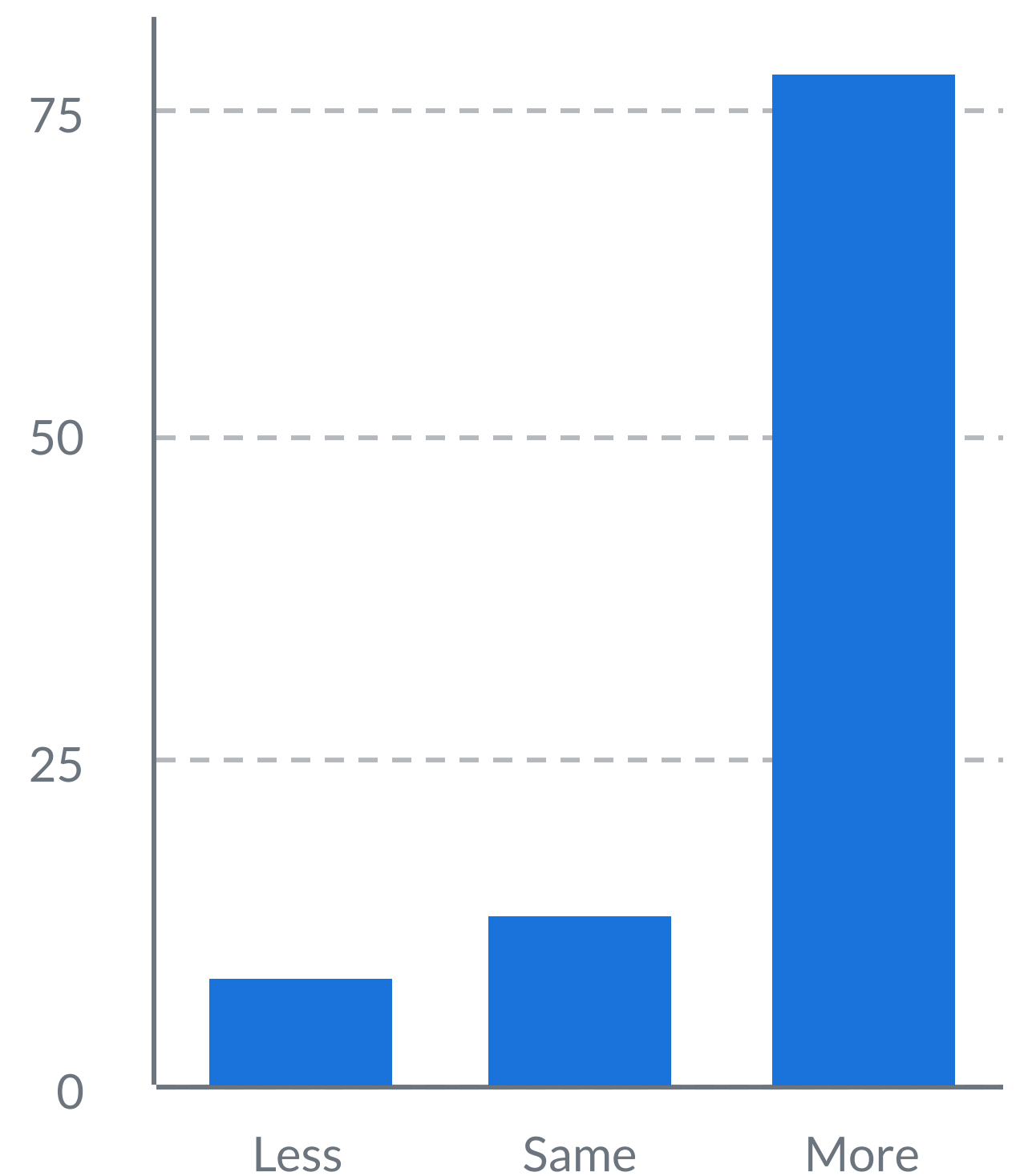
Women 77.8%
Men 21.8%

Outcomes of COVID-19 Public Health Measures

Family Caregiver Burden



Changes in Dementia associated responsive behaviours



Decline in Resource Utilization During the Pandemic

Overall

Average

5 → **1.6**

-68%

Resources Used

Day Programs

0.9%

-95.6%

End of Life Planning

8.3%

-79.3%

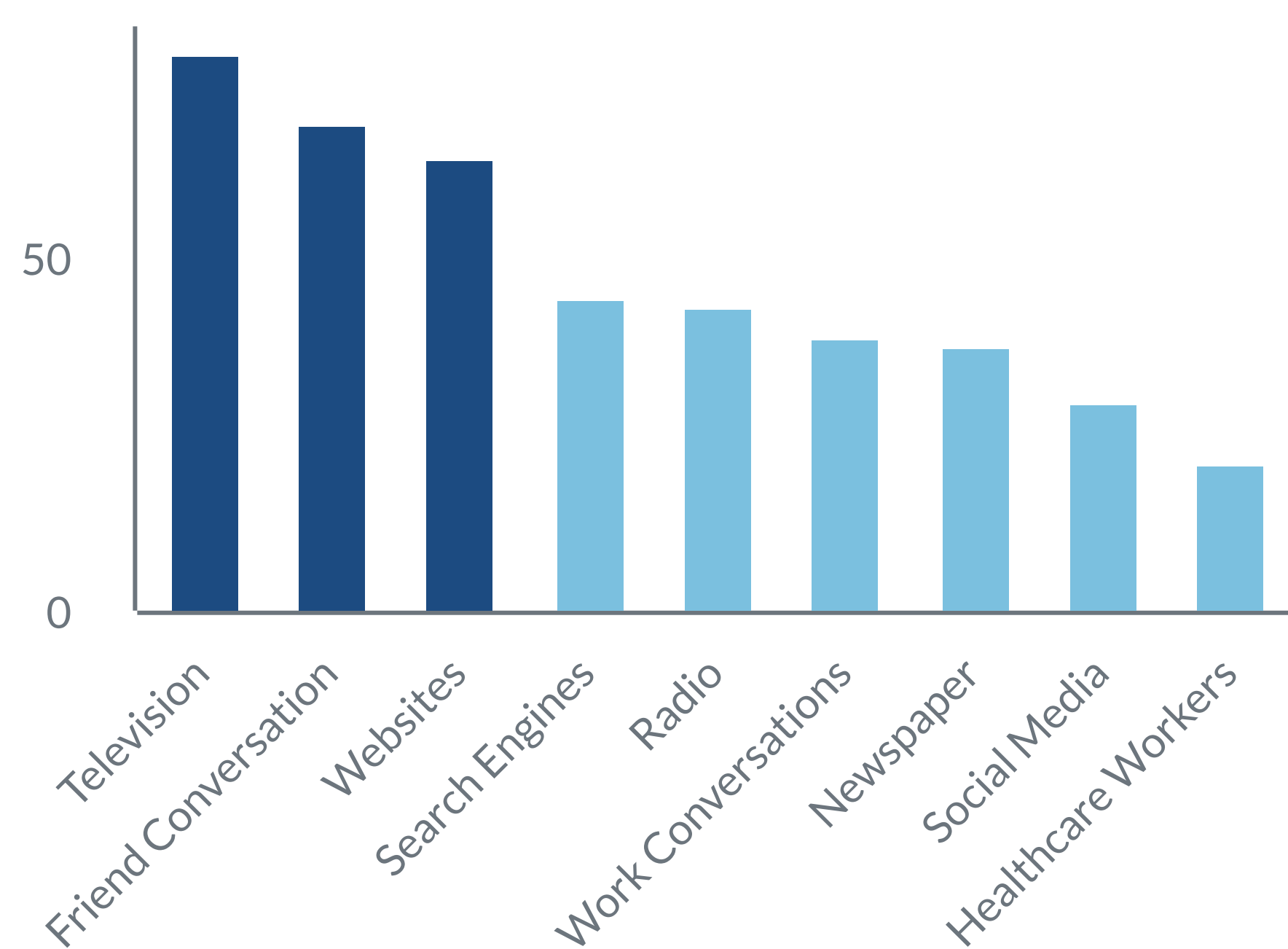
Support Groups

12%

-66.6%

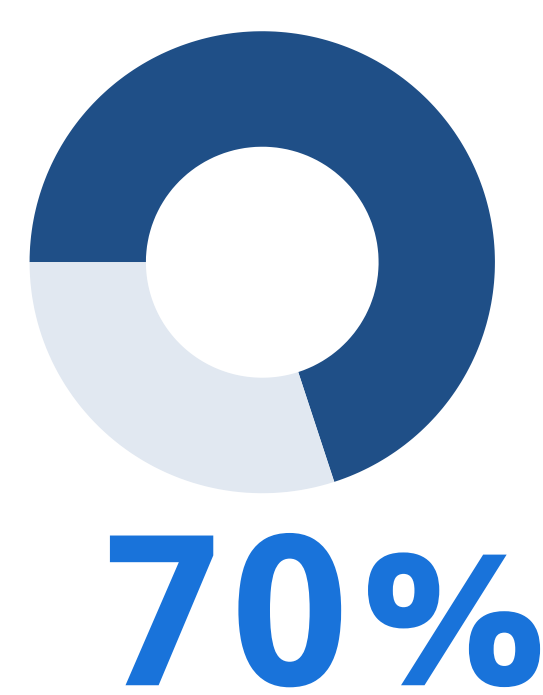
COVID-19 Information

Sources of information used



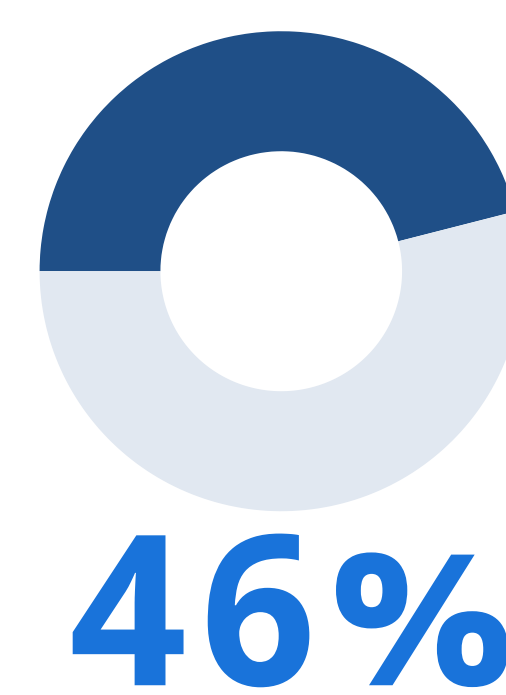
Managing Care

All family caregivers



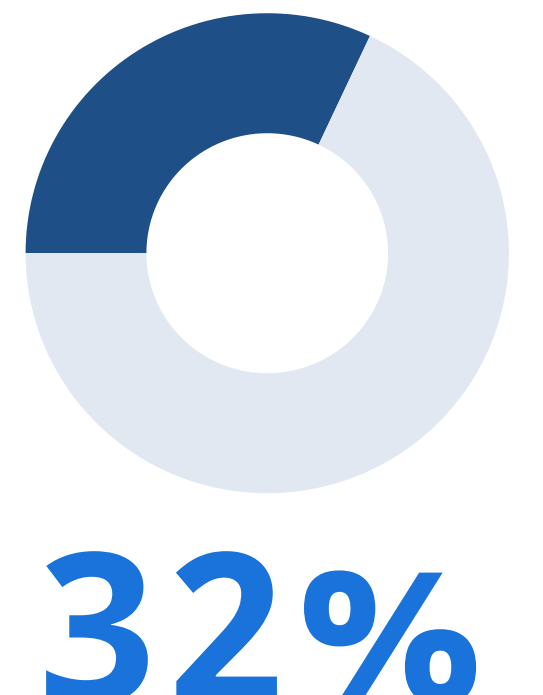
Report significant changes in time spent with their person living with dementia

Long-term care family caregivers



Believe long-term care restrictions go beyond what is needed

Home-based family caregivers



Are providing more care associated with activities of daily living

Alberta Public Health Messaging

64% Rated well

Available Caregiving Information

67% Needs Improvement

"[My biggest worry is] that this will last longer than I can manage at home, alone, isolated."